

My Great Outdoors Weekly Planner

Week commencing: *24 August*

This week I plan to:

1.	<i>Walk to, and around, Vincients Woods</i>	<i>2 miles</i>	<i>M</i>
2.	<i>Cycle to Ford and back after work, while evenings are still light</i>	<i>9 miles</i>	<i>W</i>
3.	<i>Take my son on a local outdoor 'adventure' of his choice</i>	<i>4 hours</i>	<i>Sa</i>
4.	<i>Feed the ducks at Derriards Pond</i>	<i>30 mins</i>	<i>Su</i>

I will need the following (eg map, bus/train timetable, etc)

- *OS Map*
- *Bus timetable/app*
- *Weather forecast*

Week ending: *23 August*

Highlights (what went well)

- *Son (8) using journey planning tools (Traveline)*
- *Exploring Mendips Area of Outstanding Natural Beauty (fabulous!)*
- *Epic bus rides through the countryside*

'Lowlights'/reflections (what didn't go so well/what were the 'blockers'?)

- *Too much time at home, in front of computer*
- *We didn't plan our walking routes for Cheddar Gorge*
- *Not sufficiently prepared for wet weather*